



- Week **10** Questions -

Opening Question: *What is the one non-essential thing you need each day?*

Read **Philippians 4:10-23** together.

Questions from the text

- How is Philippians 4:13 taken out of context? What is the context this verse really applies to?
- What does Paul mean in Philippians 4:17?

Cross Reference

- Read **Acts 20:35** together.
Why is it more of a blessing to give rather than to receive? How do you seek out ways you can give?

Application Questions

- How does modern society encourage discontentment? What messages do we receive daily that make contentment difficult?
- How does gratitude help us combat anxiety and discontentment? What are some habits we can develop to cultivate gratitude in our daily lives?

Core Value: Surrender

As we look in Scripture, we see ways we are directed to surrender to Christ, be a part of his biblical community, and participate in his mission.

- Paul walked through many low moments (stoned, shipwrecked, beaten, etc.), but he still found a way to be content. What is the relationship between surrendering to Jesus and contentment in life? How does a life surrendered to Jesus show more contentment than a life without Jesus?