

# MENTORING RESOURCE GUIDE

## Books to Read with a Mentee/Mentor:

### TEENS

DeMoss, Nancy and Gresh, Dannah. *Lies Young Women Believe: And the Truth That Sets Them Free*. Chicago, IL: Moody Publishers, 2008.

Idleman, Kyle. *Not A Fan*. Grand Rapids, MI: Zondervan, 2011, 2016.

Minter, Kelly. *The Fitting Room*. Colorado Springs, CO: David C. Cook, 2011.

Thune, Robert H. and Walker, Will. *The Gospel Centered Life for Teens: Participant's Guide*. Greensboro, NC: New Growth Press, 2014.

### BODY IMAGE

Hersh, Sharon A. *Mom, I Feel Fat: Becoming Your Daughter's Ally in Developing a Healthy Body Image*. Colorado Springs, CO: WaterBook Press, 2001.

Newman, Deborah, M.D. *Loving Your Body: Embracing Your True Beauty in Christ*, 2002.

Stafford, Nancy. *Beauty by the Book: Seeing Yourself as God Sees You*. Colorado Springs, CO: Multnomah Books, 2002.

### MARRIAGE

Dillow, Linda. *Creative Counterpart: Becoming the Woman, Wife and Mother You've Longed to Be*. Nashville, TN: Thomas Nelson, 1977, 1986, 2003.

Dillow, Linda and Pintus, Lorraine. *Intimate Issues: Conversations Woman to Woman, 21 Questions Christian Women Ask About Sex*. Nashville, TN: Thomas Nelson, 2000.

Fitzpatrick, Elyse. *Helper by Design: God's Perfect Plan for Women in Marriage*. Chicago: Moody Publishers, 1984.

Joseph, Courtney. *Women Living Well: Finding Joy in God, Your Man, Your Kids, and Your Home*. Nashville, TN: Nelson Books, 2013.

Peace, Martha. *The Excellent Wife*. Bimidja, MN: Focus Publishing, 2005.

Thomas, Gary. *Sacred Marriage: What if God Designed Marriage to Make Us Holy More Than to Make Us Happy?* Grand Rapids, MI: Zondervan, 2000, 2015.

### WIDOWS

Cornish, Carol. *The Undistracted Widow: Living for God After Losing Your Husband*. Wheaton, IL: Crossway, 2010.

## **MOMS OF YOUNG CHILDREN**

Chapman, Gary and Campbell, Ross. *Five Love Languages of Children: The Secret to Loving Children Effectively*. Chicago, IL: Northfield Publishing, 1997, 2005, 2012, 2016

Clarkson, Sally. *The Ministry of Motherhood: Following Christ's Example in Reaching the Hearts of our Children*. Colorado Springs, CO: WaterBook Presss, 2004.

Furman, *Missional Motherhood: The Everyday Mission of Motherhood in the Grand Plan of God*. Wheaton, IL: Crossway, 2016.

Hunt, Susan. *Your Home a Place of Grace*. Wheaton, IL: Crossway Books, 2000.

Kimmel, Tim. *Raising Kids for True Greatness*. Nashville, TN: W Publishing Group, 2006.

Kimmel, Tim. *Grace Based Parenting*. Nashville, TN: W Publishing Group, 2004.

Blackaby, Marilynn. *Experiencing God Around the Kitchen Table*. Colorado Springs, CO, 2008.

Thomas, Gary. *Sacred Parenting: How Raising Children Shapes our Souls*. Grand Rapids, MI: Zondervan, 2004.

Tripp, Tedd. *Shepherding a Child's Heart*. Wapwallopen, PA: Shepherd Press, 1995.

## **MOMS OF PRE-TEENS/TEENS**

Barna, George. *Revolutionary Parenting: What the Research Shows Really Works*. Tyndale House Publishers, 2007.

Courtney, Vicki. *Five Conversations You Must Have with your Daughter*. Nashville, TN: B & H Publishing, 2008.

Courtney, Vicki. *Five Conversations You Must Have with your Son*. Nashville, TN: B&H Publishing, 2011.

Mueller, Walt. *The Space Between: A Parent's Guide to Teenage Development*. Grand Rapids, MI: Zondervan, 2009.

Powell, Dr. Kara E. and Clark, Dr. Chap. *Sticky Faith: Everyday Ideas to Build Lasting Faith in Your Kids*. Grand Rapids, MI: Zondervan, 2011.

Powell, Rebecca. *Season of Change: Parenting Your Middle Schooler with Passion and Purpose*. Grand Rapids, MI: Zondervan, 2008.

Tripp, Paul David. *Age of Opportunity: A Biblical Guide to Parenting Teens*. Philipsburg, NJ: P&R Publishing, 1997, 2001.

## **CHRISTIAN LIVING**

Baillie, John. *A Diary of Private Prayer*. New York, NY: Scribner, 1949.

Brestin, Dee. *The Friendships of Women: The Beauty and Power of God's Plan for Us*. Colorado Springs, CO: David C. Cook, 2008.

Bridges, Jerry. *The Discipline of Grace: God's Role and Our Role in the Pursuit of Holiness*. Colorado Springs, CO: Navpress, 2006.

Bridges, Jerry. *The Pursuit of Holiness*. Colorado Springs, CO: Navpress, 1978, 1996, 2006

Bridges, Jerry. *The Transforming Power of the Gospel*. Colorado Springs, CO: Navpress, 2012.

Bridges, Jerry. *Trusting God*. Colorado Springs, CO: NavPress, 1998, 2008.

Brauns, Chris. *Unpacking Forgiveness: Biblical Answers for Complex Questions and Deep Wounds*. Wheaton, IL: Crossway, 2008.

Chan, Francis. *Crazy Love: Overwhelmed by a Relentless God*. Colorado, Springs, CO: David C. Cook, 2013.

Christenson, Evelyn. *What Happens When Women Pray*,

Dodson, Jonathan K. *Gospel Centered Discipleship*. Wheaton, IL: Crossway, 2012.

Furman, Gloria. *Alive in Him: How Being Embraced by the Love of Christ Changes Everything*. Wheaton, IL: Crossway, 2017.

Grudem, Wayne. *Christian Beliefs: Twenty Basics Every Christian Should Know*. Grand Rapids, MI: Zondervan, 2005.

Mahaney, C.J. *Living the Cross Centered Life: Keeping the Gospel the Main Thing*. Colorado Springs, CO: Multnomah Books, 2006.

Miller, Paul. *A Praying Life: Connecting with God in a Distracting World*. Colorado Springs, CO: NavPress, 2009.

Morgan, Robert. *Red Sea Rules: 10 God Given Strategies for Difficult Times*. Nashville, TN: W Publishing, 2001,2014.

Morgan, Robert. *The Lord is My Shepherd: Resting in the Peace of Psalm 23*. New York, NY: Howard Books, 2013.

Newbell, Trillia. *Enjoy: Finding the Freedom to Delight Daily in God's Good Gifts*. Colorado Springs, CO: Multnomah Books, 2016

Nouwen, Henri J.M. *In the Name of Jesus*. New York City, NY: The Crossroad Publishing Company, 1989.

Packer, J.I. *Knowing God*. Downers Grove, IL: InterVarsity Press, 1973.

Platt, David. *Radical: Taking Back Your Faith from the American Dream*. Sisters, OR: Multnomah Books, 2010.

Scazzero, Peter. *Emotionally Healthy Spirituality*. Grand Rapids, MI: Zondervan, 2017.

Smith, Angie. *Seamless: Understanding the Bible as One Complete Story*, 2015.

Tozer, A.W. *The Pursuit of God: The Human Thirst for the Divine*. Camp Hill, PA: Wing Spread Publishers, 2006.

Tripp, Paul David. *Instruments in the Redeemer's Hands: People in Need of Change Helping People in Need of Change*. Phillipsburg, NJ: P&R Publishing, 2002.

Wilken, Jen. *Women of the Word: How to Study the Bible with Both our Hearts and our Minds*. Wheaton, IL: Crossway, 2014

Wolgemuth, Nancy DeMoss. *Adorned: Living Out the Beauty of the Gospel Together*. Chicago, IL: Moody Publishers, 2017.

### **Books Specific to Mentoring**

Edwards, Sue and Neumann, Barbara. *Organic Mentoring: A Mentor's Guide to Relationships with Next Generation Women*. Grand Rapids, MI: Kregal Publications, 2015.

Ellison, Edna and Scribner, Tricia. *Woman to Woman: Preparing Yourself to Mentor*. Birmingham, AL: New Hope Publishers, 2005.

Hendricks, Howard and William. *As Iron Sharpens Iron: Building Character in a Mentoring Relationship*. Chicago, IL: Moody Press, 1995.

Hunt, Susan. *Spiritual Mothering: The Titus 2 Model for Women Mentoring Women*. Wheaton, IL: Crossway Publishers, 1992.

Kent, Carol. *Becoming a Woman of Influence: Making a Lasting Impact on Others*. 2006

Mayhall, Carole. *Come Walk with Me: A Woman's Personal Guide to Knowing God and Mentoring Others*. Waterbrook Press, 2016.

Otto, Donna. *Between Women of God: The Gentle Art of Mentoring*. 1995.

Parrott, Ele. *Transforming Together: Authentic Spiritual Mentoring*. Chicago, IL: Moody Publishers, 2009.

Welch, Ed. *Side by Side: Walking with Others in Wisdom and Love*. Wheaton, IL: Crossway, 2015.

Woodward, JR. *Creating a Missional Culture*. Downers Grove, IL: InterVarsity Press, 2012.

Articles:

"The Do's and Don'ts of Mentoring." [www.familylife.com](http://www.familylife.com)

"Leaving Neediness out of Mentoring." [www.kellyneedham.com](http://www.kellyneedham.com)

"When Mentoring Exposes Your Idol of Being Needed." [www.gospelcoalition.com](http://www.gospelcoalition.com)